

6/15/26

6-10-2026 Wednesday Notes of Ed Sparks

5:45am it gets light a peek. I went for the coffee. Drank coffee until breakfast. Ask patecones queso melted 1 egg. Walked about 8:45am did my 31 grease lightnings leg swings bench pushups. The morning is a bit more cynical during the day.

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My goal was to type this notebook 3 pages a day. I did type this notebook am tired. Lunch was cola de pollo. This is good. Not enough for leftovers.

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Went downstairs to check on the red bus. No bus. I did see Trisha play beach tennis with the crew earlier. It was way hott. I sat there on the bench and left to see if Lisseth wanted to taxi to Loberia earlier. I still wanted Chocolatera 1st as its further away to walk back easier. We did not leave.

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Typed some more.

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Walked the malecon at night. Went to the TIA with Lisseth. She wanted nail polish remover. She gets a little bit proud walking down the street. Haven't said much to each other. She thinks this is safer than Guayaquil. Not sure if I'll overstay but I'll leave. Took a while to shut down and sleep but need to write.

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cartoon blurb

There's no business like yo' business!

I'm a Stoopy, I'm Ready for the Judge.

That's Outstanding

We're this Quashtastic!

Business & Overtime Slothfullness & Undertime

Church Bulletins!

There's no losing like losing.

Getting my position up.

6-10-2026 Wednesday Punch-List of Ed Sparks

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