

6/10/26

5-31-2026 Sunday Notes of Ed Sparks

I woke up at 3AM. I wrote my notebook. Slept what could be slept. Made coffee at 6:15am. Walked.

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A normal Sunday walk includes trash from Saturday Night, passed out patrons asleep, still awake bug eyes, & Catholic church walkers. I did my 21 grease lightnings, leg swings, & bench pushups. Upon good mornings, I ran across a church walker whitee retired local. Her hand was stuck below her nose & her mouth was open in shock of the horrors visual that she had experienced so close to her condo. (We're used to Sundays scenery!)

She did not hear my good morning.

Manipulation mind control walked past me in a black shirt. She knows she's planning best she can.

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TM caught me on schedule after walk about getting group back for digital rough (my) house-ing. I had a degree of agreement 16 for pranking. I said is % or less stay further back from the line. We pondered in silence. A yeller said 1. Nosey Chime-misto(a).

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Liseth said Feliz Cumpleanos at 7:30am to make breakfast. I ordered a massage & she was prancing around her way. Omgeerd supermodelo.

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After a period of massage, I turned on my phone to answer the birthday wishes around 10:30am. I watched super trucks Perth, basketball Finals West Game 7, and random things about Avril Lavine (which they do voluntarily.)

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Liseth made BBQ for the first time ever. She used a pan frying and 4 coffee cups (on the oven catch tray and oven rack). The charcoal is in the pan and the BBQ is on the grate BBQ. I made my birthday video and put it on Facebook mine...

5-31-2026 Sunday Punch-List of Ed Sparks

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We were supposed to see sea lions but plans were changed to CHP beach. Today, I did discover hatred for Lisseth. She mispronounces Chipipe to ChiChipe. This I found annoying to the point of the word torture. I explained the word. She also said freezer instead of refrigerator. So we'll work on these words tomorrow or further.

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4:15pm she woke me up from my BBQ nap. Bus to CHP. We brought the umbrella as she charge us for the chair for \$2. Beach sitting is great. She asked if I wanted to water banana. I said, go ahead, The water is too cold for me. Look at all the people in the water... 1 guy freezing on a busy beach.

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Returning back. She did not want to bus back. I did so we went by bus. Just get off the bus & go to the grocery store. This is a 1 mile investment the full distance & 4 minute saved to get off & let me go home. This was suspicious & she walked the 4-6 minutes once she got home.

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We ate pepperoni & cheese Empanada. I was laughed at for buying salame. I did not say that the salame jumbo was cheaper than pepperoni. I just at my Empanadas.

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Somehow Barbara Gaylean (Philippines Missionary) sister #2, #3 got on WhatsApp of Lisseth. She wanted to gossip. I did entertain but the weight of the conversation is heavy in the How many times will I have to answer the phone again to say the same thing? VS How long should I stay on the phone to prevent the number from being 7.

Then my sister #3, #7 called. She was fixed from 8 kids. More gossip but she did sneak on Lisseth phone also with the Barbara chisme.

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The final request was to get spouse of #6 contact. She, #6 in law, has 3 kids & brother is not here any more. So I showed her the apartment Lisseth at the table and she could finally torture me for a

little bit because that is fair. Then sent the video in an email. (did not respond)

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Barbara graced me with her opinions via text whatsapp long. Now that is not my WhatsApp & I did not want to read this anyway & after messaging Lisseth for a long time, she had forgot this.

So the translation of opinions said to leave to the USA and never return to Lisseth again.

Now, I understand her 25 years of living in the Philippines but hating Filipinos. And, I routinely leave this house in my mind... butt, I was so thankful that the translator works.

Now I have drama on the female side.

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I did not shower. I fell asleep. Very nice at 4:14-5:23am 6/1/26



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